

This One's For The Girls

Choreographer unknown

This dance sheet made available by John & Freida Utzig for the Joliet, IL. Workshop 2008

32 Count – Beginner/Intermediate partner circle dance

Start Position: Man facing OLOD - Lady opposite – closed position – mans steps listed

Music suggested – This One's For The Girls – Martina McBride - 127bpm

Our Favorite - Short Fat Fannie – Men Of Distinction - 130bpm

Work up music: - Bayou Boys - Eddy Raven - 118 bpm

Side - Together – Side – Touch - - {Twice }

- 1 – 4 Step left to left, bring right next to left, step left to left, touch right heel angling body slightly right.
- 5 - 8 Step right to right, bring left next to right, step right to right, touch left heel angling body slightly left towards FLOD.

Four Shuffles Moving FLOD – Turning Right Two Full Turns

- 9- 16 { In closed dance position - make two full turns to mans right }
- Shuffle ½ turn right stepping LRL { end facing RLOD }
- Shuffle ½ turn right stepping RLR { end facing FLOD }
- Shuffle ½ turn right stepping LRL { end facing RLOD }
- Shuffle ½ turn right stepping RLR { end facing FLOD }

Walk Forward - Kick - Walk Back ¼ turn to Face Partner

- 17-20 { release hands- mans left-ladies right } Open up to face FLOD as you walk forward left, right, left, kick right foot forward.
- 21-24 Walk back right, left, turn ¼ turn to face partner as you step right to right side, touch left toe next to right foot. {end man facing OLOD }

Rolling Vine Left - Rolling Vine Right {End in Closed Position}

- 25-28 { Release hands } Step ¼ turn left onto left, step ½ turn left onto right, step ¼ turn left onto left, touch right toe beside right foot.
- 29-32 Step ¼ turn right onto right, step ½ turn right onto left, step ¼ turn right onto right, touch left toe beside right foot. { end in closed dance position }
- { Option } Man can do regular vines while turning lady with left hand.
{ end in closed dance position }

This dance was found on YOUTUBE and we were not able to locate the exact name of the dance, nor the choreographer. So if anyone does come up with the correct name of the dance or the choreographer, please email John & Freida Utzig at countryplus@sbcglobal.net so we can give credit to those who choreographed it. It was too good of a dance to let stay idle. A big thank you to who ever choreographed this dance.