



Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

Lay Low Too

Choreographed by Mick Harris

Description: 32 count, beginner/intermediate partner/circle dance

Music: Lay Low by Blake Shelton

Position: sweetheart position facing LOD. Same footwork throughout
Intro: 20

WALK, WALK, SHUFFLE, STEP TURN $\frac{1}{2}$ TWICE, SHUFFLE

1-2 Step right forward, step left forward
3&4 Chassé forward right-left-right

Release left hands

5-6 Turn $\frac{1}{2}$ right and step left forward, turn $\frac{1}{2}$ right and step right back
7&8 Chassé forward left-right-left (LOD)

Picking up left hands

JAZZ BOX $\frac{1}{4}$ TURN, KICK, KICK, SAILOR $\frac{1}{4}$ TURN

1-4 Cross right over, step left back, turn $\frac{1}{4}$ right and step right side,
step left slightly forward (OLOD)
5-6 Kick right forward, kick right side
7&8 Right sailor step turning $\frac{1}{4}$ right (RLOD)

Release left hands

STEP $\frac{1}{2}$ TURN, WALK, WALK, CROSS POINT TWICE

1-2 Step left forward, turn $\frac{1}{2}$ right (weight to right)
3-4 Step left forward, step right forward (LOD)

Picking up left hands

5-6 Cross left over, point right side
7-8 Cross right over, point left side

STEP BACK $\frac{1}{4}$, STEP, CROSS SHUFFLE, SHUFFLE $\frac{1}{2}$ TURN, SHUFFLE $\frac{1}{4}$ TURN

Release left hands and pick up in Reverse Indian

1-2 Big step left back, turn $\frac{1}{4}$ left and step right together
3&4 Crossing chassé left-right-left (ILOD)

Release right hands

5&6 Chassé side right-left-right turning $\frac{1}{2}$ right (OLOD)

Pick up right hands

7&8 Chassé side left-right-left turning $\frac{1}{4}$ left (LOD)

REPEAT
