



*Specializing in  
 Line Dancing &  
 Couples Flow Dancing  
 To All Types of Music*

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lesson
- Partner Lessons
- D.J. Service

## BE MY LADY

Choreographed by John & Freida Utzig

32 count partner circle dance

Music: Our choice - You're a Woman by Bad Boys Blue

Blues music – Drive It Home by The Clovers

Country – What Cha Reckon' by Josh Turner

Any medium speed Cha Cha music

Start position: Man on inside, both facing LOD, holding inside hands,

Opposite feet throughout

### WALK, WALK, SHUFFLE, STEP 1/2, STEP 1/4

- 1,2, 3&4      Walk forward Left, Right, shuffle forward Left, Right, Left. {release hands}  
 5,6,7,8      Step Right forward, turn ½ left, step forward Right ¼ turn left  
                   {facing OLOD, pick up double hand hold for weave}

### WEAVE LEFT, TOUCH, SHUFFLE 1/4, SHUFFLE 1/4

- 9,10,11,12      Cross right over left, step left to side, cross right behind, touch left together  
                   {end weave in promenade position as the next 12 counts are East Coast Swing moves }  
 13&14      Going forward LOD, shuffle Left, Right, Left, turning ¼ Right to face OLOD  
 15&16      Shuffle forward LOD, Right, Left, Right, turning ¼ Right to face RLOD.

### ROCK, RECOVER, SHUFFLE 1/4, SHUFFLE 1/4, ROCK, RECOVER

- 17,18,19&20      Rock back on Left recover Right, shuffle forward Left, Right, Left turning ¼  
 21&22,      Right to face ILOD, shuffle forward Right, Left, Right turning ¼ turn Right ,FLOD,  
 23, 24      Rock back on Left, recover ¼ turn right onto Right.  
                   {turn to face OLOD and partner, as you go into double hand hold for weave}

### WEAVE, TOUCH, SHUFFLE 1/4, SHUFFLE 1/2

- 25,26,27,28      Step Left to side, cross Right behind Left, Step Left to side, cross Right over Left  
                   {after weave release hands for shuffles that turn away from partner }  
 29&30      Shuffle down LOD, Left, Right, Left, turning ¼ turn right to face RLOD  
 31& 32      Shuffle Right, Left, Right, turning ½ turn right to face LOD  
                   { pick up inside hands}

**REPEAT**