



COUNTRY PLUS

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ASCAP/BMI Licensed

Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

That 55 Ford

Choreographed by Sue Smyth

Description: 64 count, 4 wall, beginner line dance

Music: 55 Ford by The Refreshments [CD: It's Gotta Be Both Rock 'n' Roll - Best of The Refreshments / Available on iTunes]

Start dancing on lyrics

RIGHT LOCK RIGHT SCUFF, LEFT LOCK LEFT SCUFF

- 1-4 Step right forward, lock left behind right, step right forward, brush left forward
5-8 Step left forward, lock right behind left, step left forward, brush right forward

RIGHT MAMBO FORWARD KICK, BACK KICK BACK KICK (WITH CLAPS)

- 1-4 Rock right forward, recover to left, step right back, kick left forward
5-8 Step left back, kick right forward, step right back, kick left forward

As you kick, clap

LEFT COASTER STEP BACK HOLD, STEP TURN 1/2 LEFT AND STEP HOLD

- 1-4 Step left back, step right together, step left forward, hold
5-8 Step right forward, turn 1/2 left (weight to left), step right forward, hold

LEFT LOCK LEFT SCUFF, RIGHT LOCK RIGHT SCUFF

- 1-4 Step left forward, lock right behind left, step left forward, brush right forward
5-8 Step right forward, lock left behind right, step right forward, brush left forward

LEFT MAMBO FORWARD KICK, BACK KICK, BACK KICK (WITH CLAPS)

- 1-4 Rock left forward, recover to right, step left back, kick right forward
5-8 Step right back, kick left forward, step left back, kick right forward

As you kick, clap

RIGHT COASTER STEP BACK HOLD, STEP TURN 1/2 RIGHT HOLD

- 1-4 Step right back, step left together, step right forward, hold
5-8 Step left forward, turn 1/2 right (weight to right), cross left over right, hold

WEAVE RIGHT, SIDE HOLD, ROCK BACK RECOVER

- 1-4 Step right side, cross left behind right, step right side, cross left over right
5-8 Step right side, hold, cross/rock left behind right, recover to right

WEAVE LEFT, SIDE HOLD, ROCK BACK RECOVER

- 1-4 Step left side, cross right behind left, step left side, cross right over left
5-8 Step left side, hold, cross/rock right behind left, recover to left

REPEAT
