



*Specializing in  
Line Dancing &  
Couples Flow Dancing  
To All Types of Music*

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

## Sugar

Choreographed by Laurie Schlekeway-Burkhardt

**Description:** 32 count, 4 wall, low intermediate line dance

**Music:** Sugar by Maroon 5  
Preview/purchase music

Start dancing on lyrics

### HEEL GRINDS, COASTER STEP, TURN ¼ LEFT

- 1-2 Cross right over (toe turned in), step left side (right toe turned out)  
3-4 Cross right over (toe turned in), step left side (right toe turned out)  
5&6 Right coaster step  
7-8 Cross/touch left behind, unwind ½ left (weight to left)

### KICK STEPS, STEP HEEL SWIVELS

- 1&2& Kick right side, step right together, kick left side, step left together  
3&4& Kick right forward, step right together, kick left forward, step left together  
5&6 Step right forward, swivel heels right, swivel heels center  
7&8 Step left forward, swivel heels left, swivel heels center

### KICK SIDES, PAUSE, BACK/REVERSE BODY ROLLS

- 1-2&3-4 Kick right side, hold, step right together, kick left side, hold  
&5-6 Step left together, step right back, hold (body roll back)  
&7-8 Step left together, step right back, turn 1/8 left and hitch left (body roll back)

### STEP, HOOK, SHUFFLE STEP, STEP KNEE HITCH, COASTER STEP MAKING A SLIGHT ¼ TURN TO THE LEFT

- 1-2 Step left forward, step right slightly back  
3&4 Chassé forward left-right-left  
5-6 Step right forward, hitch left (push hands to front)  
7&8 Step left slightly back, step right together, turn 1/8 left and step left forward

REPEAT

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