



Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music

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- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

ASCAP/BMI Licensed

Pick A Bale

Choreographed by Unknown

Description: 8 count, 2 wall, beginner/intermediate line dance

Music: Pick A Bale Of Cotton by John Littleton

Intro: 32

HEEL TOUCH, KICK TWICE

- 1& Touch right heel forward, step right together
- 2& Touch left heel forward, step left together
- 3& Kick right diagonally forward right twice
- 4 Touch right to side

HEEL SLAP, TURN ½ RIGHT, STOMP

- 5-6 Slap right heel behind left with left hand, touch right to side
- 7-8 Turn ½ right and step right together, stomp left together

REPEAT

TAG

After wall 4, 12, 20 & 28 (front wall)

- 1-8 Clap hands for 8 counts