



COUNTRY PLUS

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Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lesson
- Partner Lessons
- D.J. Service

ASCAP/BMI Licensed

My Love Runs Out

Choreographed by Regina Cheung

Description: 48 count, 4 wall, low intermediate line dance

Music: Love Runs Out by One Republic

Intro: 32

SIDE TOGETHER, RIGHT SHUFFLE FORWARD, SIDE TOGETHER, LEFT SHUFFLE BACK

- 1-2 Step right side, step left together
3&4 Locking chassé forward right-left-right
5-6 Step left side, step right together
7&8 Locking chassé back left-right-left

BACK ROCK, RIGHT SHUFFLE FORWARD, STEP ¼ RIGHT, CROSS SHUFFLE

- 1-2 Rock right back, recover to left
3&4 Locking chassé forward right-left-right
5-6 Step left forward, turn ¼ right (weight to right) (3:00)
7&8 Crossing chassé left-right-left

Insert Tag & Restart here on wall 7

TURN ¼ LEFT, RIGHT SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP

- 1-2 Turn ¼ left and step right back, turn ¼ left and step left side (9:00)
3-4 Locking chassé forward right-left-right
5-6 Rock left forward, recover to right
7-8 Left coaster step

HIP ROLL ¼ LEFT TWICE, ROCK RECOVER, COASTER STEP

- 1-2 Step right forward, turn ¼ left (weight to left) (hip roll)
3-4 Step right forward, turn ¼ left (weight to left) (hip roll) (3:00)
5-6 Rock right forward, recover to left
7-8 Right coaster step

CROSS TOUCH TWICE, JAZZ BOX

- 1-2 Cross left over, touch right side
3-4 Cross right over, touch left side
5-6 Cross left over, step right back
7-8 Step left side, step right forward

SWAY RECOVER, BUMP HIPS, ROCKING CHAIR

- 1-2 Hip left, hip right
3-4 Hip left, hip right, hip left
5-6 Rock right forward, recover to left
7-8 Rock right back, recover to left

REPEAT

TAG & RESTART

After count 16 of wall 7

- 1-2 Big step right side, touch left together
3-4 Turn ¼ left and big step left side, touch right together

Restart the dance at count 1