



*Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music*

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lesson
- Partner Lessons
- D.J. Service

Mony Mony

Choreographed by Unknown

Description: 48 count, 4 wall, intermediate line dance

Music: *Mony, Mony* by Tommy James & The Shondells [132 bpm / Hanky Panky/Mony Mony]

Mony, Mony by Billy Idol [Greatest Hits / Available on iTunes]

Start dancing on lyrics

HEEL TAPS

- 1-4 Left heel forward, together, right heel forward, together
5-8 Left heel forward, together, right heel forward, together

STEP TURNS

- 9-10 Step left forward, turn $\frac{1}{2}$ right (weight to right)
11-12 Step left forward, turn $\frac{1}{2}$ right (weight to right)

TWIST SEQUENCE TO RIGHT

- 13-14 Cross left over right (twist), step right with right foot (untwist)
15-16 Cross left over right (twist), step right with right foot (untwist)
17-18 Cross left over right (twist), step right with right foot (untwist)
19-20 Kick left forward twice
21-22 Coaster step- step back left, step back together right, step left forward

TWIST SEQUENCE TO LEFT

- 23-24 Cross right over left (twist), step left with left foot (untwist)
25-26 Cross right over left (twist), step left with left foot (untwist)
27-28 Cross right over left (twist), step left with left foot (untwist)
29-30 Kick right forward twice
31-32 Coaster step- step back right, step back together left, step right forward

KICKS & COASTERS

- 33-34 Kick left twice
35-36 Coaster step- step back left, step back together right, step left forward
37-38 Kick right twice
39-40 Coaster step- step back right, step back together left, step right forward

SAILOR SHUFFLES

- 41-42 Left sailor step
43-44 Right sailor step

$\frac{1}{4}$ TURN

- 45-46 Step left forward, slide/step right together
47-48 Step left forward with $\frac{1}{4}$ turn to left, stomp right by left

REPEAT
