



**COUNTRY PLUS**

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ASCAP/SES Licensed

Specializing in  
Line Dancing &  
Couples Flow Dancing  
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

## I4C Fun Push

Choreographed by Helen O'Malley & Rob Fowler

**Description:** 48 count, 1 wall, beginner line/contra dance

**Music:** **Fun Fun Fun** by Status Quo [Don't Stop]

**Fun, Fun, Fun** by The Beach Boys & Ricky Van Shelton [158 bpm /  
Stars And Stripes Vol. 1]

**Mercury Blues** by Alan Jackson [172 bpm / A Lot About Livin' (And  
A Little 'Bout Love) / The Greatest Hits Collection / Available  
on iTunes]

Start dancing on lyrics

### HEEL DIGS, HEEL SWITCHES RIGHT AND LEFT

- 1-2 Touch right heel forward, touch right together  
3-4 Touch right heel forward, twice  
& Step right in place  
5-6 Touch left heel forward, touch left together  
7-8 Touch left heel forward, twice

### HEEL SWITCHES WITH CLAPS, HIP BUMPS

- &9 Step left in place, touch right heel forward  
&10 Step right in place, touch left heel forward  
&11-12 Step left in place, touch right heel forward, clap  
13-14 Hip right, twice  
15-16 Hip back, twice

### HIP ROLL, RIGHT SHUFFLE, ¼ PIVOT TURN RIGHT

- 17-20 Roll hips full circle to the left, twice  
21&22 Chassé forward right-left-right  
23-24 Step left forward, turn ¼ right, weight on right foot

### SHUFFLE, ¼ PIVOT TURN LEFT, HAND SLAPS & CLAPS!

- 25&26 Chassé forward left-right-left  
27-28 Step right forward, turn ¼ left (weight on left foot)  
29-30 Step right together slapping thighs, twice  
31-32 Clap, slap hands forward with your contra line or to each side

### RIGHT LEADING BOX STEP

- 33-34 Step right side, step left together  
35-36 Step right forward, touch left together  
37-38 Step left side, step right together  
39-40 Step left back, step right in place

### LEFT LEADING BOX STEP

- 41-42 Step left side, step right together  
43-44 Step left forward, touch right together  
45-46 Step right side, step left together  
47-48 Rock right back, recover to left

**REPEAT**