



Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons

Website: www.countryplus.org
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I Swear

Choreographed by Dan Albro

Description: 48 count, 4 wall, beginner/intermediate line dance

Music: I Swear by Dan Albro & Sons [CD: I Swear / Available on iTunes]

Start 16 counts from where the whole band comes in

4 TOE, HEEL STRUTS (BOX)

- 1-2-3-4 Step right toe forward, drop right heel, step left toe side, drop left heel
5-6-7-8 Step right toe back, drop right heel, step left toe side, drop left heel

Optional: finger snapping or claps on the heel drops

VINE RIGHT, BRUSH, LOCK FORWARD, $\frac{1}{4}$ BRUSH

- 1-2-3-4 Step right to side, cross left behind, step right to side, brush left forward
5-6-7-8 Step left forward, lock right behind left, step left forward, turn $\frac{1}{4}$ left and brush right forward

VINE RIGHT, BRUSH, $\frac{1}{4}$ TURN, CLAP, $\frac{1}{2}$ TURN, CLAP

- 1-2-3-4 Step right to side, cross left behind right, step right to side, brush left forward
5-6 Turn $\frac{1}{4}$ left and step left forward, clap
7-8 Turn $\frac{1}{2}$ left and step right back, clap

SLOW COASTER, HOLD, ROCKING CHAIR

- 1-2-3-4 Step left back, step right together, step left forward, hold
5-6 Rock right heel forward, recover to left
7-8 Rock right back, recover to left

CROSS STRUT, ROCK, CROSS STRUT, STEP, $\frac{1}{4}$ TURN

- 1-2-3-4 Cross right toe over left, drop right heel, rock left to side, recover to right
5-6-7 Cross left toe over right, drop left heel, step right to side
8 Turn $\frac{1}{4}$ left and step left forward

STOMP, FAN, FAN, STOMP, STOMP, FAN, FAN, STOMP

- 1-2-3-4 Stomp right together, fan right toes out, fan right toes in, stomp right together
5-6-7-8 Stomp left together, fan left toes out, fan left toes in, stomp left together

REPEAT
