

Helluva Polka

Choreographed by Kathy Hunyadi

Description: 32 count, 4 wall, beginner polka line dance

Music: **If You're Going Through Hell** by Rodney Atkins [

- 1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5&6 Turn $\frac{1}{2}$ left and shuffle back right, left, right
7&8 Step left behind right and at same time turn $\frac{1}{4}$ left, step right to side, step left in place
- 1-2 Step forward right, step forward left
3&4 Step right forward, swivel both heels to right & back to center (weight ends on right)
5-6 Step forward left, step forward right
7&8 Rock forward on left, recover weight to right, turn $\frac{1}{4}$ left stepping left to side
- 1&2 Cross right foot over left, step slightly left on left, cross right foot over left
3&4 Turn $\frac{1}{4}$ right while stepping back on left, step right beside left, step left slightly back
5&6 Turn $\frac{1}{4}$ right while stepping right to side, step left beside right, step right slightly to side
7&8 Rock left forward and across right, recover weight to right, turn $\frac{1}{4}$ left stepping forward on left
- 1&2& Touch right heel forward, step right home, touch left heel forward, step left home
3&4 Touch right heel forward, hold, clap hands twice
&5&6& Step right home, touch left heel forward, step left home, touch right heel forward, step right home
7&8& Touch left heel forward, hold, clap hands twice, quickly step left back